

SAMPLE WEEKLY MENU



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast (every day)	Eggs (made to order) Breakfast Meats Breakfast Breads Assorted Juices						
Lunch	Roasted Turkey Baked Sweet Potato Steamed Cabbage Cornbread Fruit Cobbler	BBQ Chicken Baked Beans Corn on the Cob Bread Mandarin Orange Cake	Country Fried Steak w/Gravy Mashed Potatoes Vegetable Blend Dinner Roll Strawberry Shortcake	Roast Beef Mashed Potatoes Blackeyed Peas Fried Okra Cheesecake	Chicken Broccoli Casserole Stewed Apples Cornbread Poke Cake	Fried Fish Loaded Baked Potato Creamy Coleslaw Hushpuppies Banana Pudding	Philly Cheese Steak Onion Rings Creamed Corn Apple Pie
Dinner	Parmesan Chicken Parsley Noodles Mixed Vegetables Dinner Roll Ice Cream	Salisbury Steak Hashbrown Casserole Green Beans Dinner Roll Fruited Gelatin	Baked Ham Macaroni & Cheese Vegetable Medley Dinner Roll Assorted Cream Pies	Pork Fried Rice Oriental Vegetables Dinner Roll Fruit Crumble	Roast Pork w/Gravy Spiced Apples Green Bean Casserole Dinner Roll Cake	Hot Dog Homestyle Chili Tator Tots Orange Sherbet	Chicken Salad Plate Sliced Tomatoes Fresh Fruit Muffin Pudding
Evening Snack (every day)	Assorted Fruit Drinks Assorted Snacks, Cookies & Crackers						
"Always Available" Menu	Chicken Tenders Hamburger Cheeseburger	<u>Sandwiches</u> Grilled Cheese Ham, Turkey, Cheese Chicken Salad		French Fries Onion Rings	Fruit Salad	Soup of the Day	Chef Salad Garden Salad